Does Cancer run in your family?



While 90 percent of cancer cases happen due to lifestyle, environmental or aging factors, five to 10 percent of cancers are passed down from generation to generation. If you or your family members have been diagnosed with colon, breast, pancreatic, ovarian or uterine cancer, you could be at increased risk for developing those cancers.

How do I know if I am at increased risk?

Knowing your family's ancestry and medical history is the first step. The following questionnaire identifies a few indicators that could increase your risk for colon, breast, pancreatic, ovarian or uterine cancer.

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Are you of Ashkenazi Jewish ancestry with a personal or family history of breast or ovarian cancer?	\circ	\bigcirc
Have you or a family member been diagnosed with: Breast cancer before the age of 50?	\circ	\bigcirc
Triple negative breast cancer?	\bigcirc	\bigcirc
Breast cancer in both breasts?	\bigcirc	
Male breast cancer?	\bigcirc	
Breast cancer in two generations?	\bigcirc	\bigcirc
Breast and ovarian or pancreatic cancer?	\bigcirc	
Colon, rectal or uterine cancer before the age of 60?	\bigcirc	\bigcirc
Colon and uterine cancer?	\bigcirc	
Two or more colon or rectal cancers?	\bigcirc	
Ovarian cancer at any age?	\bigcirc	\bigcirc
10 or more colon polyps?	\bigcirc	\bigcirc

Interpreting the results

If you answered yes to any of these questions, you could be at increased risk for developing colon, breast, ovarian, pancreatic or uterine cancer. To know for sure, further assessment is necessary. Experts at the Virtua Cancer Genetics Program can help guide you through the process to identify your risk. If you are uncertain about your family's medical history or have concerns about other cancers, the program staff can help.



VIRTUA FOX CHASE CANCER PROGRAM Take the next step to know if you are at increased risk for cancer. Call **1-888-Virtua-3** today to make an appointment and start your personal assessment.